







# September 2010 Programs @ Landow House

| SUNDAY  | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY   |
|---|--|--|---|--|---|--|
| <p><b>Erev Rosh Hashanah</b><br/>Thur Sept 8<sup>th</sup></p>        |  <p><b>Erev Yom Kippur</b><br/>Friday Sept 17<sup>th</sup><br/>Theater</p>                  | <p><b>Yizkor Services</b><br/>Sat Sept 18<sup>th</sup> 1:45<br/>Thurs., Sept 30th<br/>11am<br/>Theater</p>  | <p>10:00 Exercise Video (BK3) <b>1</b><br/>11:00 Jewish Why? (T)<br/>1:00 Trip: Senior Center<br/>1:45 Crafts W/ Allen (LAR)<br/>3:00 Knitting w Allen (LAR)<br/>4:00 Fitness Machines FC<br/>4:30 Pets on Wheels (LO)<br/>6:45 Pablo (T)</p> | <p><b>9 am -1pm Absentee Voting Lobby</b> <b>2</b><br/>10:00 Exercise Video (BK3)<br/>11:00 Piano w/ Floyd (T)<br/>1:45 Chair Dancing (LO)<br/>3:15 Scrabble w/Paul (LB)<br/>4:00 Fitness Machines FC<br/>4:15 Jewish Week (T)<br/>7:00 Sing A Long (LO)</p> | <p>10:15 Exercise w/ Gail (T) <b>3</b><br/>11:30 Music w/ Liz (T)<br/>1:45 Yiddish Music (T)<br/>4:00 Fitness Machines<br/>4:30 Shabbat Service (T)</p>     | <p>1:45 Tanach w/ Rabbi (T) <b>4</b><br/>4:00 Fitness Machines FC<br/>7:00 Movie T</p> |
| <p>10:00 Exercise Video (BK3) <b>5</b><br/>11:00 Jewish Poets (T)<br/>1:45 Documentary (T)<br/>4:00 Fitness Machines FC<br/>6:45 Jewish Music (T)</p> | <p>10:00 Balance Class (T) <b>6</b><br/>11:00 Word Games (T)<br/>1:45 Piano w/ Mark Hanak<br/>4:00 BINGO (LAR)<br/>4:00 Fitness Machines FC<br/>7:00 New Release Movie T</p> | <p>10:00 Exercise w/ Robin (T) <b>7</b><br/>11:00 History W/ Ed Fritz<br/>1:45 Music W/ Liz (T)<br/>3:15 Scrabble W/ Paul LIB<br/>4:00 Fitness Machines FC<br/>6:45 Vladimar Fridman (T)</p> | <p>10:00 Exercise Video (BK3) <b>8</b><br/>11:00 Comedy Time (BK2)<br/>1:45 Biography T<br/>3:30 Erev Service (T)<br/>4:00 Fitness Machines FC<br/>4:30 Pets on Wheels (LO)<br/><b>No Evening Programs</b></p>                                | <p>10:00 Rosh Hashanah (T) <b>9</b><br/>10:00 Exercise Video (BK3)<br/>1:45 Jewish Stories L<br/>3:15 Scrabble w/Paul (LB)<br/>4:00 Fitness Machines FC<br/>4:15 Jewish Week (T)</p>   | <p>10:15 Exercise w/ Gail (T) <b>10</b><br/>11:00 Jewish Humor T<br/>1:45 Singing w/ Andrea T<br/>4:00 Fitness Machines FC<br/>4:30 Shabbat Service (T)</p> | <p>1:45 Movie T <b>11</b><br/>4:00 Fitness Machines FC<br/>6:45 Seven Sopranos (T)</p> |

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| <b>Grandparent's Day</b><br>10:00 Exercise Video (BK3)<br>11:00 Jewish Poets (T)<br>1:45 Squeals on Wheels<br>Animals outside<br>4:00 Fitness Machines FC<br>6:45 Operatunities (T) | <b>12</b> | 10:00 Balance Class (T)<br>11:00 Word Games (T)<br>1:45 Echoes of Nature<br>4:00 BINGO (LAR)<br>4:00 Fitness Machines FC<br>7:00 Yoga w/ Karen (T)                  | <b>13</b> | 10:00 Exercise w/ Robin (T)<br>11:00 Yiddish w/ Max (T)<br>1:45 Music W/ Liz (T)<br>3:15 Scrabble W/ Paul LIB<br>3:30 Discussion W Lorit T<br>4:00 Fitness Machines FC<br>6:45 Singing w/ Susan (T) | <b>14</b> | 10:00 Exercise Video (BK3)<br>11:00 Jewish Why? (T)<br>12:45 Trip: Museum<br>1:45 Crafts W/ Allen (LAR)<br>3:00 Knitting w Allen (LAR)<br>4:30 Pets on Wheels (LO)<br>5:15Early Dinner<br>6:45 Vladimir Rosenblatt       | <b>15</b> | 10:00 Exercise Video (BK3)<br>11:00 Current Events (T)<br>1:15 TRIP: Sightseeing<br>1:45 Chair Dancing (LO)<br>3:15 Scrabble w/Paul (LB)<br>4:00 Fitness Machines FC<br>4:15 Jewish Week (T)<br>7:00 Sing A Long | <b>16</b> | 10:15 Exercise w/ Gail (T)<br>11:30 Music w/ Liz (T)<br>1:45 Health Lecture (T)<br>4:00 Fitness Machines FC<br>4:30 Shabbat Service (T)                              | <b>17</b> | 1:45 Yizkor (T)<br>4:00 Fitness Machines FC<br>7:00 Ne'ilah Service (T)   | <b>18</b> |
| 10:00 Exercise Video (BK3)<br>11:00 Jewish Poets (T)<br>1:45 Documentary (T)<br>4:00 Fitness Machines FC<br>6:45 Music W/ Gene Love   | <b>19</b> | 10:00 Balance Class (T)<br>11:00 Word Games (T)<br>1:45 Cooking/Baking W/Bass (Dining Room)<br>4:00 BINGO LAR<br>4:00 Fitness Machines FC<br>7:00 Yoga w/ Karen (T) | <b>20</b> | 10:00 Exercise w/ Robin (T)<br>11:00 Sukkot Decorating OS<br>1:45 Birthday Party w/Liz<br>3:15 Scrabble W/ Paul LIB<br>4:00 Fitness Machines FC<br>7:00 Hadassah (BK2)                              | <b>21</b> | 10:00 Exercise Video (BK3)<br>11:00 Trip: CVS Pharmacy<br>11:00 Torah W/ Herb (T)<br>1:45 Music w/Woody (T)<br>4:00 Fitness Machines FC<br>4:30 Pets on Wheels L   | <b>22</b> | 10:00 Exercise Video (BK3)<br>11:00 Current Events (T)<br>1:45 Sukkot Service T<br>3:15 Scrabble w/Paul (LB)<br>4:00 Fitness Machines FC<br>4:15 Jewish Week (T)<br>7:00 Sing A Long                             | <b>23</b> | 10:15 Exercise w/ Gail (T)<br>11:00 Current Events (T)<br>11:30 Music w/ Liz (T)<br>1:45 Shakespeare/ Anne T<br>4:00 Fitness Machines FC<br>4:30 Shabbat Service (T) | <b>24</b> | 1:45 Tanach w/ Rabbi (T)<br>4:00 Fitness Machines FC<br>7:00 Sing A Long Lobby W /Michael   | <b>25</b> |
| 10:00 Exercise Video (BK3)<br>11:00 Jewish Poets (T)<br>1:45 Documentary (T)<br>4:00 Fitness Machines FC<br>7:00 Singing with Andrea  | <b>26</b> | 10:00 Balance Class (T)<br>11:00 Word Games (T)<br>1:45 Piano/John Oliver (T)<br>4:00 BINGO (LAR)<br>4:00 Fitness Machines FC<br>7:00 New Release Movie             | <b>27</b> | 10:00 Exercise w/ Robin (T)<br>11:00 History W/ Ed Fritz T<br>1:45 Sukkot Party (outside)<br>3:15 Scrabble W/ Paul (LIB)<br>4:00 Fitness Machines FC<br>7:00 Jewish Movie (T)                       | <b>28</b> | 10:00 Exercise Video (BK3)<br>11:00 Walker Tune Ups (T)<br>11:00 Trip: Dollar<br>1:45 Crafts W/ Allen LAR<br>3:00 Knitting w Allen Lar<br>4:00 Fitness Machines FC<br>4:30 Pets on Wheels (LO)<br>7:00 New Release Movie | <b>29</b> | 10:00 Exercise Video (BK3)<br>11:00 Yizkor w/ B'nai Israel<br>1:45 Jewish Trivia (T)<br>3:15 Scrabble w/Paul (LB)<br>4:00 Fitness Machines FC<br>4:15 Jewish Week (T)  | <b>30</b> | <b>Holiday Services</b><br>Please see schedule at the front desk   |           | <b>Sukkot Party</b><br><b>Tue Sept 28<sup>th</sup></b><br><b>Time: 2pm</b><br><b>Outside</b><br> |           |

**Room Key**

|                               |              |                       |                         |                |              |                                 |
|-------------------------------|--------------|-----------------------|-------------------------|----------------|--------------|---------------------------------|
| (BK2) = BK-2<br>(T) = Theater | (BK3) = BK-3 | (FC) = Fitness Center | (LAR) = Landow Art Room | (LB) = Library | (LO) = Lobby | (R SH) = Ring House Social Hall |
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